

# DEPARTMENT OF POLITICAL SCIENCE

## UNIVERSITY OF DELHI

IN COLLEBORATION WITH

INDIAN COUNCIL OF SOCIAL SCIENCE RESEARCH

ORGANISES

ONE DAY INTERNATIONAL SEMINAR

REIMAGINING SWARAJ:

YOGA, INDIGENOUS KNOWLEDGE AND HUMAN DEVELOPMENT

19 AUGUST 2026

### CONCEPT NOTE:

In the Indian intellectual heritage, the idea of Swaraj occupies a unique position that goes beyond political independence to include moral self-governance, responsible citizenship and the pursuit of a better society. Swaraj provides a civilisational framework that connects human growth, democratic governance, public ethics and personal transformation when viewed via the philosophical prism of yoga. Yog means 'Union' and Kshemam means 'Welfare' the welfare of an individual and society is possible through union with oneself and universal consciousness. Mentioned in Chapter 9, Verse 22 of Bhagavad Gita, this philosophy of Lord Krishna is the guiding light behind this international conference.

अनन्याश्चिन्तयन्तो मां ये जनाः पर्युपासते ।  
तेषां नित्याभियुक्तानां योगक्षेमं वहाम्यहम् ॥

The yoga mentioned here is not limited to attaining physical well-being through physical postures or asanas. Rather, the idea of well-being and development is more holistic and broader. It includes human security, digital well-being, ethical governance, environmental preservation, social transformation, emancipation of the marginalized, social cohesion, family values, collective harmony, instilling the values of equality and freedom, peace building, sustainable development and many relevant themes. The contemporary scholarship has relatively paid limited attention at the intersection of Yoga and development. Though considerable scholarly attention has been attracted in the field of health and medical sciences, integrative medicine and psychology. But the intersection of yoga with broader implications for human development has been less examined. There is a need to have an interdisciplinary dialogue that bridges the gap between traditional knowledge of Yoga and contemporary scholarship and policy debates.

**This conference intends to bring together researchers, policymakers, practitioners, educators, students who will critically explore this relevant theme of integrating yoga with social development and how it can address the contemporary social, economic, political and environmental crisis.**

## **CALL FOR PAPERS**

### **MAJOR SUB THEMES:**

1. Yoga, Swaraj and Democratic Governance
2. Swaraj, Human Development and Social Transformation
3. Yoga, Ethics and Public Leadership
4. Swaraj, Peace and Global Governance
5. Yoga, Consciousness and Political Philosophy
6. Yoga and Indian Knowledge System
7. Decolonizing Governance: Indian Perspectives on State, Society and Development
8. Civilizational Thought and Contemporary Political Theory
9. Yoga and contemporary society
10. Any other Relevant theme

### **Important Details:**

- ❖ Abstract Submission Deadline: 12 August 2026
- ❖ Notification of acceptance: 14 August 2026
- ❖ Full paper submission Deadline: 18 August 2026
- ❖ Mail ID for submission of abstract: [Yogaconference19@gmail.com](mailto:Yogaconference19@gmail.com)
- ❖ Scan the QR code or use link below to submit the abstract:  
Link: <https://forms.gle/hCP5vwV9ynDkpt9WA>



### **Contact Details:**

**Dr. Mithila Bagai**  
**Sahil (Research scholar)**  
**Priya Soni (Research scholar)**  
[Yogaconference19@gmail.com](mailto:Yogaconference19@gmail.com)